

ferienplan sommer 2013

MO | 29.07. DI | 30.07. MI | 31.07. DO | 01.08. FR | 02.08.

		08:30 bebalanced		
☺ 09:00 bbpo		slim belly	09:00 pilates	09:00 bodytone
slim belly		09:30 step+tone		slim belly
		slim belly		
	17:30 pump/ bodystyling	17:00 ZUMBA fitness slim belly		
18:00 bodytone	slim belly	18:00 step	18:00 ZUMBA fitness slim belly	18:00 bbpo
slim belly	18:30 circle/ circuit	slim belly		slim belly
19:00 pilates classic	slim belly	19:00 pilates		19:00 ZUMBA fitness slim belly

MO | 05.08. DI | 06.08. MI | 07.08. DO | 08.08. FR | 09.08.

	08:30 pilates			
☺ 09:00 bbpo			09:00 bbpo	
slim belly	09:30 bbpo		slim belly	
	slim belly			
17:00 step				
slim belly	17:30 pump/ bodystyling		18:00 step	
18:00 bodytone	slim belly		18:00 ZUMBA fitness slim belly	18:00 bbpo
slim belly	18:30 circle/ circuit	slim belly		slim belly
19:00 fatburner	slim belly	19:00 pilates		19:00 ZUMBA fitness slim belly
slim belly				
20:00 pilates				

MO | 12.08. DI | 13.08. MI | 14.08. DO | 15.08. FR | 16.08.

	08:30 pilates	08:30 bebalanced	maria himmelfahrt	
		slim belly		09:00 bodytone
	09:30 bbpo	09:30 step+tone		slim belly
	slim belly	slim belly		
18:00 bodytone		18:00 step		18:00 bbpo
slim belly	18:30 bbpo	slim belly		slim belly
19:00 fatburner	slim belly	19:00 pilates		19:00 ZUMBA fitness slim belly
slim belly	19:30 ZUMBA fitness slim belly			
20:00 pilates				

MO | 19.08. DI | 20.08. MI | 21.08. DO | 22.08. FR | 23.08.

		08:30 bebalanced		
☺ 09:00 bbpo		slim belly	09:00 pilates	
slim belly		09:30 step+tone		
		slim belly		
17:00 step		17:00 ZUMBA fitness slim belly		
slim belly				
18:00 bodytone	18:30 pump/ bodystyling	18:00 step	18:00 ZUMBA fitness slim belly	18:00 bbpo
slim belly	slim belly	slim belly		slim belly
19:00 fatburner bauch int.	19:30 slim belly	19:00 pilates	19:00 slim belly kick off	19:00 ZUMBA fitness slim belly
slim belly	slim belly		slim belly	
20:00 pilates	slim belly			

MO | 26.08. DI | 27.08. MI | 28.08. DO | 29.08. FR | 30.08.

	08:30 pilates			
☺ 09:00 bbpo				09:00 bbpo
slim belly	09:30 slim belly kick off			slim belly
	slim belly			
		17:00 ZUMBA fitness slim belly		
	17:30 pump/ bodystyle	18:00 step+tone		
18:00 bodytone	slim belly	slim belly	18:00 ZUMBA fitness slim belly	18:00 bbpo
slim belly	18:30 circle/ circuit	19:00 pilates		slim belly
19:00 pilates	slim belly			

MO | 02.09. DI | 03.09. MI | 04.09. DO | 05.09. FR | 06.09.

☺ 09:00 bbpo			09:30 ZUMBA einsteiger fitness slim belly	
slim belly				
		17:00 ZUMBA fitness slim belly		
18:00 bodytone		18:00 step+tone	18:00 ZUMBA fitness slim belly	18:00 ZUMBA fitness slim belly
slim belly	18:30 bbpo	slim belly		
19:00 pilates	slim belly	19:00 pilates		

ferienplan sommer 2013

studio

eggenfelden



training+tanz
gabi+eva büttner

MO | 29.07. DI | 30.07. MI | 31.07. DO | 01.08. FR | 02.08.

		08:30 bebalanced		
☺ 09:00 bbpo		slimbelly	09:00 pilates	09:00 bodytone
slimbelly		09:30 step+tone		slimbelly
		slimbelly		
	17:30	ZUMBA fitness slimbelly		
18:00 bodytone	pump/ bodystyling	18:00 step	18:00 ZUMBA fitness slimbelly	18:00 bbpo
slimbelly	18:30 circle/ circuit	slimbelly	slimbelly	slimbelly
19:00 pilates classic	slimbelly	19:00 pilates		19:00 ZUMBA fitness slimbelly

MO | 05.08. DI | 06.08. MI | 07.08. DO | 08.08. FR | 09.08.

	08:30 pilates			
☺ 09:00 bbpo	slimbelly		09:00 bbpo	
slimbelly	09:30 bbpo		slimbelly	
	slimbelly			
17:00 step	17:30 pump/ bodystyling		18:00 step	18:00 bbpo
slimbelly	slimbelly		slimbelly	slimbelly
18:00 bodytone	18:30 circle/ circuit		19:00 pilates	
slimbelly	slimbelly			
19:00 fatburner				
slimbelly				
20:00 pilates				

MO | 12.08. DI | 13.08. MI | 14.08. DO | 15.08. FR | 16.08.

	08:30 pilates	08:30 bebalanced		
	slimbelly	slimbelly		09:00 bodytone
	09:30 bbpo	09:30 step+tone		slimbelly
	slimbelly	slimbelly		
18:00 bodytone	18:00 step	18:00 step		18:00 bbpo
slimbelly	18:30 bbpo	slimbelly		slimbelly
19:00 fatburner	19:00 pilates	19:00 pilates		19:00 slimbelly
slimbelly				
20:00 pilates				

maria himmelfahrt

MO | 19.08. DI | 20.08. MI | 21.08. DO | 22.08. FR | 23.08.

		08:30 bebalanced		
☺ 09:00 bbpo		slimbelly	09:00 pilates	
slimbelly		09:30 step+tone		
		slimbelly		
17:00 step		ZUMBA fitness slimbelly		
slimbelly		18:00 step	18:00 ZUMBA fitness slimbelly	18:00 bbpo
bodytone	18:30 pump/ bodystyling	slimbelly	19:00 pilates	slimbelly
slimbelly	19:30 fatburner bauch int.	19:00 pilates	slimbelly	slimbelly
19:00 fatburner bauch int.	19:30 slimbelly		slimbelly	
20:00 pilates	slimbelly		slimbelly	

MO | 26.08. DI | 27.08. MI | 28.08. DO | 29.08. FR | 30.08.

	08:30 pilates			
☺ 09:00 bbpo	slimbelly		09:00 bbpo	
slimbelly	09:30 slimbelly kick off		slimbelly	
	slimbelly			
	17:00 ZUMBA fitness slimbelly			
18:00 bodytone	18:00 pump/ bodystyle	18:00 step+tone	18:00 bbpo	
slimbelly	18:30 circle/ circuit	slimbelly	slimbelly	
19:00 pilates	slimbelly			

MO | 02.09. DI | 03.09. MI | 04.09. DO | 05.09. FR | 06.09.

☺ 09:00 bbpo			09:30 ZUMBA fitness slimbelly	
slimbelly			slimbelly	
18:00 bodytone	18:00 step+tone	18:00 step+tone	18:00 pilates	18:00 ZUMBA fitness slimbelly
slimbelly	18:30 bbpo	slimbelly		slimbelly
19:00 pilates	slimbelly	19:00 pilates		

☺ = Kinderbetreuung Änderungen vorbehalten.

www.tz-buettner.de